



## Tampax tampons. Right from the start.

Swimming. Isn't it great?  
Like being in space. Zero gravity.  
And because of Tampax  
tampons, you'll have to give up  
zero days of swimming.

You can start using them right  
from your first period.

It's easy because you get a  
choice of three absorbency-sizes:  
Regular, Super or Junior.

One'll be perfect for you.

A doctor developed Tampax  
tampons. You know they're safe.

They're comfortable too.  
Because the silken-smooth con-  
tainer-applicator helps  
you place the tampon in  
the right position, easily.

Tampax tampons are  
softly compressed to give

you the best possible protection.

And nothing shows  
because they're worn internally.  
You can't even feel them.

So go swimming.

Any day you want to.



Right from the start...  
**TAMPAX**  
tampons

MADE ONLY BY  
TAMPAX INCORPORATED, PALMER, MASS.